

ZERMATT - Cordée de Solidarité
les 27/28 septembre 2008



Zermatt Declaration

Together, we won a victory over ourselves by climbing a 4000-meter peak, to prove to the world, that there is a full life to be lived after breast cancer.

One in 3 persons is diagnosed with cancer at some point in their lives. Cancer affects everyone.

One in 10 women is affected by breast cancer and they are increasingly younger.

Together, with our symbolic rope all the way up this mountain, we have demonstrated that solidarity is essential in completing this physical challenge. Solidarity is equally essential for overcoming the experience of breast cancer in real life.

We must ensure that the chances of surviving cancer and re-integrating into a full, active and productive life are increased. Thanks to early diagnostics and awareness, a growing number of patients survives, learns to live with breast cancer and can reintegrate into normal life.

However more needs to be achieved to ensure that all possible facilities are in place to support the reintegration of breast cancer survivors, so that they can resume full activity after cancer.

To make this happen we need:

- **Non-discrimination**, for example unprejudiced access to loans and insurance;
- **Tailored assistance**, in terms of physical and psychological rehabilitation;
- **Support** and assistance to family members;
- **Facilitation** of (re-)integration into the workplace.

We are confident that through solidarity many people in society will join us and take any action they can to achieve these fundamental rights.

